

FINAL EXAM STUDY GUIDE  
HISTORY OF PSYCHOLOGY  
Fall 2012

1. How did Freud deal with the Mind-body problem?
2. What is the ultimate cause of behavior according to most psychoanalytic theories?
3. What is the role psychic energy investment in virtually every process in Freudian theory?
4. According to Freud, what does the particular form taken by a neurosis depend on?
5. The Oedipus complex occurs during which stage of psychosexual development?
6. According to Freud, which defense mechanism is central to all cultural advances?
7. What is the term used to describe the psychoanalytic relationship between the analyst and the patient?
8. What was it that Adler emphasized that all human beings start out life with?
9. According to Adler what the process employed by us to adjust to a weakness in one part of his or her body by developing strengths in other parts?
10. How are the superiority complex and the inferiority complex both different and alike?
11. How did Adler describe the neurotic individual?
12. According to Adler, what is the main ingredient for a truly effective lifestyle?
13. Unlike other psychoanalysts, what did Horney emphasized regarding the shaping of personality and neuroses?
14. According to Horney, what are the consequences of the terrible feeling of being isolated and helpless in a potentially hostile world?
15. How did Horney explain the relentless drive for total perfection?
16. How did Horney counter Freud's ideas of female penis envy?
17. According to Horney, what was the cause of women's sense of inferiority?
18. Know the main points on which Freud and Jung disagreed?
19. For Jung, which process or construct was not central to the archetype of the shadow?
20. What was the continuum, according to Jung's theory, that be used to assess everyone's personality?
21. What is the role of symbols in Jungian psychotherapy?
22. According to Jung, what generally causes personal maladjustment?
23. How did Jung explain two or more independent events coming together in a meaningful way?

24. What is the root cause of the importance of symbols in Jungian psychotherapy?
25. According to Jung, how can a neurosis have a positive impact?
26. According to humanistic psychology, what should be the goal of our quest to understand human behavior?
27. What was Maslow's most profound contribution to psychology?
28. What was Rogers' fundamental hypothesis in formulating his client-centered therapy?
29. When did Rogers conclude that therapy was having a positive effect?
30. In Roger's system, when the rift between the organism and the self becomes too great what condition results?
31. What is Self-actualization?
32. What did Carl Rogers and William James have in common?
33. What are the basic certain concepts that describe the most existential psychologists?
34. What is the focus of existential psychology?
35. The two primary divisions within existentialism are represented by which two philosophical giants?
36. What is authentic living?
37. Although all existentialists deal with the question of existence, who is credited for having framed the question most explicitly?
38. Who is credited for having proposed the concept of Dasein?
39. Which modern existentialist published "Being and Time" in 1927?
40. As opposed to "being", what is "thrown-ness"?
41. In contrast to Heidegger, who provided the most profound answers as opposed to raising the questions?
42. According to Ludwig Binswanger, What is the goal of Existential Psychology?
43. Which modern existentialist addresses the difference between religious theology and existential theology?
44. Which of the four existential stages outlined by Rollo May addresses adolescent development of ego by rebelling against authority?
45. What were the existentialist's beliefs regarding the concept of the unconscious?
46. Which of Nietzsche's proclamation is accepted by most existentialists?
47. In what key ways did Binswanger disagree with Freud?